



AFNORTH US MHS



DoDEA's Mission:

Educate, Engage, and Empower military-connected students to succeed in a dynamic world

DoDEA's Vision:

Excellence in Education for Every Student, Every Day, Everywhere

Week Ahead

March 14, 2025

UPCOMING DATES

- 20 Mar MS Sailing Trip Bake Sale - 08:30 am
- 25 Mar Band Concert - 18:30
- 28 Mar NO SCHOOL - Teacher Workday
- 3 Apr Tri-Border Choral Festival Performance - 18:30
- 7 Apr NO SCHOOL
- 14-25 Apr SPRING BREAK

Office Hours : Monday-Friday: 8:00am-4:00pm

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Attendance
AFNO.attendance@dodea.edu

Visit <https://afnorthmhs.dodea.edu/> for US MHS specific information.

Visit: <http://www.afnorth-is.com> for AFNORTH Int'l School Information.

AFNORTH MHS Calendar:
[CLICK HERE](#)

Re-registration is OPEN!!

You **MUST** submit re-registration to indicate whether your student is staying or leaving their current location. To do this log into the DoDEA Student Information System (DSIS) Family Portal and submit a re-registration request for each student.

Re-registration **MUST** be completed **NO LATER THAN April 1!** For more info and tips, please see attached Re-Registration Letter.

Follow this link to re-register now: <https://dodeasis.myfollett.com/aspden/logon.do>

AFTER SCHOOL ACTIVITY BUSES



Students who are not a part of an After School Club or Sport, are NOT permitted to ride the After School Activity Buses.

*Please see the AIS Transportation Procedures guide on the AIS Website [HERE](#)

AFNORTH MHS 24-25 SCHOOL ADVISORY COUNCIL (SAC)

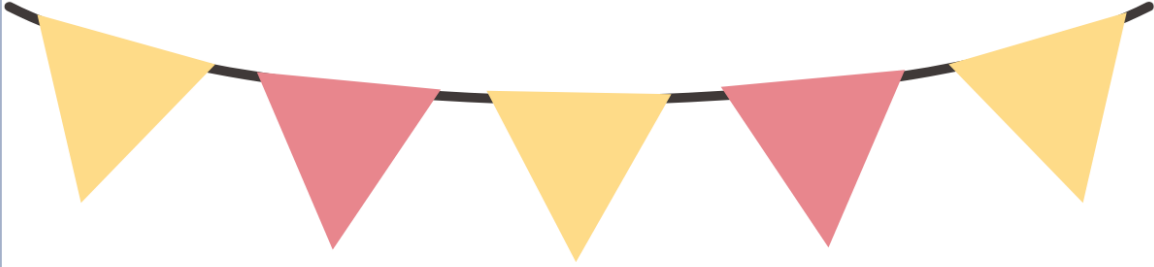
PARENT REPRESENTATIVES:
LINDSAY JAMES
PHILIPPE ROGERS

CONTACT: SAC.REPRESENTATIVE@AFNORTH-IS.COM

MEETINGS: APRIL 9 @ 4:30 IN OFFICE CONF. ROOM

OPEN TO ALL TO ATTEND!





BAKE SALE

THURSDAY MARCH 20, 2025

8:30 -9:00 AM

AFNORTH WELL

raising funds for 7th & 8th grade sailing trip





**March 25
AFNorth
Cafeteria**

Guitar Beginning Band Lion Pride Band

6:30 P.M.



Lights, Camera, MUSIC Concert

MUSIC FROM THE SCREENS YOU KNOW AND LOVE

**P
R
O
G
R
A
M**

- PHANTOM OF THE OPERA
- THE INCREDIBLES
- PIRATES OF THE CARIBBEAN
- STAR WARS: THE FORCE AWAKENS
- THE LION KING
- THE SORCERER'S APPRENTICE
- MINECRAFT
- MUSIC FROM WICKED



AFNORTH
International School
presents

Disney • PIXAR

FINDING
NEMO 
JR.

©Disney/Pixar

March 21st at 7:00 pm and March 22nd at noon

€5.00 per adult, €3.00 per child

Tickets sold at the door (Children under 4 are free)

Music Director **Choreographer**
Robbie King Julie Mulvihill

Directors

Debbie Watts & Kara Carisio

Stage Manager

Beatrice Kendall

Based on the 2003 Disney / Pixar film Finding Nemo written by
Andrew Stanton, Bob Peterson, David Reynolds and directed by Andrew Stanton Disney's
Finding Nemo JR. is presented through special arrangement with and all authorized materials are supplied by
Music Theatre International, New York, NY
212-541-4684 mtishows.com

VIVID NIGHTS



MAY 10

6-11 PM

AFNorth's Junior and Senior Prom

Auberge de Rousch

Kloosterkensweg 17, 6419 PJ Heerlen

Ticket Price: 60 Euros each

OUR PROM OFFERS:

Welcome Mocktail

Sit-down Dinner

Music all night

Photo Booth

Ticketsale Start: March 31st, 2025



CONGRATS TO OUR ALL-EUROPE ATHLETES! SELAH, EMERY, NINA, AND SOLINA GO LIONS!



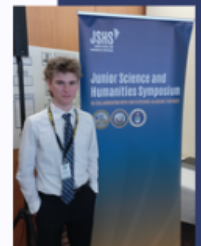
Recently, Patrick and Kenan competed at the Junior Science and Humanities Symposium (JSHS). Both were excellent presenters and had amazing research to present.



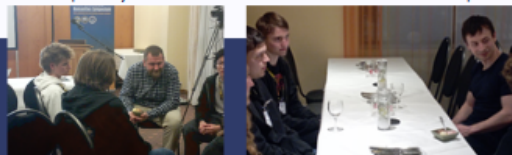
Kenan was invited as an oral presenter (a very high honor at JSHS!). There he presented on his research in translating Python to HTML programming languages. His thesis was that he wanted to create this program so that a company or organization could hire one person instead of an HTML and Python specialist. That would, in effect, cut costs and be much more efficient. Kenan's inspiration was by going through different courses throughout his educational career and found that this was a missing link in schools too. His presentation was well received and very informative. You can still see his presentation on the jshseurope.org website.



Patrick was highly inspired this year by developing a product that would aid a person that wanted to capture their outdoor events. Patrick created a harness that could allow a cellphone to be hung around a person's collar (strapped to their sides). While he did research on Amazon, he found that the product he's creating is much more versatile and durable than what's presently available. He wants to also make the price low enough that high school students and those living in developing nations can access his new product. Patrick is hoping to begin production with his harness whenever he has the right prototype. As a true entrepreneur, Patrick showed some amazing presentation abilities. He was invited as a posterboard presenter and he hopes to return next year with an improved product.



The Junior Science and Humanities Symposium is an event where students present original research. Kenan and Patrick were not required to do these projects by anyone and did not receive grades for their work. These guys did their outside of school research because they have curiosities that go beyond coursework. JSHS is a very prestigious organization and gives students an avenue to highly prized scholarships and opportunities. We've even had students publish their work in journals in past years! Both Kenan and Patrick encapsulate a true AFNORTH lion. GO LIONS!!!!





AFNORTH MHS PTA

scholarship INFO



Applicants **MUST** volunteer at least 8 hours with
the AFNORTH MHS PTA

Volunteer Opportunities Coming Soon!

Apply January 2025

*Canadian & US Juniors can plan ahead! 11th and 12th grade
hours can be combined, start volunteering now.

PTA scholarship applications are now available. Interested candidates can request an application
via email: ptascholarship.afnorth@gmail.com

DEADLINE: April 30th

Applicants **MUST** have volunteered 8 hours for the PTA. If you still need volunteer hours, check
the sign-up [HERE!](#)

PTA Meetings

April 10, May 8, June 12

The PTA welcomes you to join their
upcoming PTA meetings! All
meetings will begin at 4:00pm.

Visit the link to join the PTA team!

Membership fee only \$10!

afnorth.memberhub.com

MS/HS PTA VOLUNTEERS NEEDED!



The MS/HS PTA is seeking parent and student volunteers for
several upcoming events. Whether you have an hour or a day
to give, your involvement will make a big impact on our school!

SIGN UP NOW!

[HTTPS://WWW.SIGNUPGENIUS.COM/GO/70A094BACAD28AAF85-51096608-20242025](https://www.signupgenius.com/go/70A094BACAD28AAF85-51096608-20242025)



Don't forget to add money to your child's Sodexo Lunch account!

Visit: <https://qpay.quarto.nl/Portal/Account/Login/0> to do so. You can also see transaction history. Remember that **Sodexo does not accept cash payment** for lunches, only the Sodexo Lunch Card.



Week 12 17-03 tm 21-03-2025

MONDAY

Veggie Pie, Mashed Potato, Cauliflower	1, 2, 3
Beef & Pork Meat Ball	3, 5, 10
Mashed Potato	1
Cauliflower	1, 3
Pepper Sauce	1, 3

TUESDAY

Veggie Tomato Sauce, Pasta, Cucumber	3, 4
Pasta	3
Bolognese Sauce	1, 2, 3, 10
Cucumber	

WEDNESDAY

Veggie Balls, Baked Potato, Corn-Carrot Salad	3, 4
Chicken Schnitzel	1, 2, 3, 6
Baked Potato	
Corn-Carrot Salad	
Stroganoff Sauce	1, 3

THURSDAY

Omelet, Sweet Tomato Sauce, Rice, Atjar Salad	1, 2, 9
Chicken Filet	1, 2
Rice	
Atjar Salad	9
Sweet & Sour Tomato Sauce	3

FRIDAY

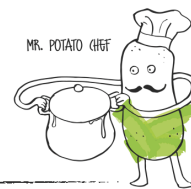
Veggie Snack, Fries, Carrots	1, 2, 3, 4, 8
Fish Nuggets or Hot Dog Sausage	2, 3, 5, 7
Fries	
Carrots	
Tartar Sauce	2

LISTED PRODUCTS AND DISHES CAN CONTAIN TRACES OF ALLERGENS.

- 1 = milk
- 2 = egg
- 3 = gluten
- 4 = soy
- 5 = pork
- 6 = chicken
- 7 = fish
- 8 = sesame
- 9 = peas
- 10 = beef



All meals are nut free



Sweet Spinach Muffins

Prep Time	Cook Time	Total Time	Servings
10 mins	18 mins	28 mins	18 muffins

Ingredients

- 3/4 cup milk
- 1/2 cup butter melted
- 1/2 cup honey
- 4 cups baby spinach, packed
- 1 large banana, ripe
- 1 large egg
- 1 tsp vanilla extract
- 2 cups flour
- 1 1/2 tsp cinnamon
- 2 tsp baking powder
- 1/2 tsp baking soda
- 1/2 tsp salt

Instructions

1. Preheat oven to 350 F, and spray your muffin tin with cooking spray or use silicone muffin cups sprayed with cooking spray.
2. To a blender add, milk, raw spinach, banana, honey, egg, vanilla, and melted butter. Blend until completely pureed.
3. Combine all dry ingredients.
4. You can either add the dry ingredients into the blender with the spinach mixture, or pour the spinach mixture into the dry ingredient bowl. Fold the spinach mixture and dry ingredients together gently until just combined. (Do not over-mix.)
5. Scoop the batter into the muffin pan, and bake for 17-20 minutes, or until the muffins bounce back when you touch the top. They should not be browning.
6. Remove from the oven and cool on a cooling rack. If you use silicone muffin cups, remove from the cups and place on cooling rack to prevent sweating



Recipe from www.superhealthykids.com



TRI-BORDER JOB FAIR

Which jobs are available?

What would my day look like?

What qualifications do I need?

Who can help me with the application process?

26 MARCH

1400-1600

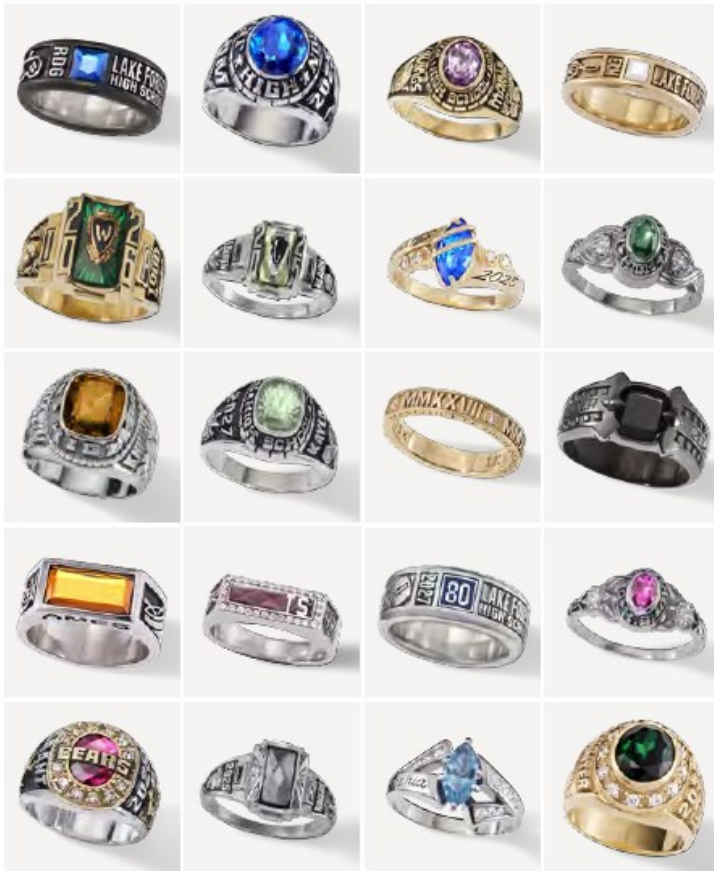
GEILENKIRCHEN NATO AB, BLDG. 109

OPEN TO ALL NATIONS, NO SIGN UP REQUIRED

Attendees

- ▶ Commissary USAG Brunssum
- ▶ CYP Geilenkirchen
- ▶ NATO Geilenkirchen
- ▶ AFNORTH
- ▶ CYP USAG Brunssum
- ▶ NATEX/CFSUE
- ▶ Andrews Credit Union
- ▶ M&FRC Geilenkirchen
- ▶ Canadian Forces
- ▶ Coast Guard

THE TOP 20: STUDENT-FAVORITE STYLES



Jostens

THE ULTIMATE SENIOR KEEPSAKE.

AFNORTH MIDDLE HIGH SCHOOL



SAVE \$75 ON YOUR CLASS RING!
Place your order today with promo code
SENIORGIFT75 to get \$75 off your class ring.

HEAD TO JOSTENS.COM



DEPENDENT SCHOLARSHIP

REQUIREMENTS AND ELIGIBILITY:

- ✓ ASGK Application Form
- ✓ Current Unofficial or Official High School/ College Transcripts
- ✓ Written Essay
- ✓ Community Involvement/ Extracurricular Activities Form
- ✓ A dependent of a U.S. Military Member (Active or Retired), dependent of a U.S. Civilian Employee, or a current member of ASGK
- ✓ Plan to attend a fully accredited college, university, junior college or an accredited technical/ vocational institute between August 2025 and May 2026

**SUBMIT VIA EMAIL
BY APRIL 7, 2025**

Visit <https://www.asgk.org/scholarship-requests> or email asgk.scholarships@gmail.com for applications and submission information.

Family BINGO Night

Free Event

Hosted by CYS Brunssum

Friday, March 28
5:30 – 7:00 PM
At The Hub

Open to U.S. & NATO ID cardholders.
 Children must be registered with CYS.
 Register to attend by **March 25** at
 Parent Central Services. Spaces are limited.
 For more information, please call
 Parent Central Services
 DSN 314 597-4266/4267 or CIV +31 (0) 45-534-0266/0267

Join us for:
 🍷 Picture Bingo 🍷
 🍷 Prizes 🍷
 🍷 Photo Booth 🍷
 🍷 Refreshments available for purchase at
 Hub Bistro



CHILD AND YOUTH SERVICES SPORTS AND FITNESS BRUNSSUM

Archery Clinic

AGES 8 - 18YRS
\$75

Enrollments
 March 17 - April 18

Ages 8 - 10yrs: 4-5PM
 Ages 8 - 10yrs: 5-6PM
 Ages 11 - 18yrs: 6:15-7:15 PM

Clinic Dates

May 7, 14, 21, 28
 June 4, 11

Open to U.S. and NATO ID card holders
 Child(ren) must be registered with CYS and have a valid Health Assessment
 Register at Parent Central Services/JFC Brunssum BLDG H 602
 DSN 314-597-4266/4267 or CIV +31 (0)45-534-0267



MONTH OF THE MILITARY CHILD
 M.O.M.C.
 UNITED STATES ARMY INSTALLATION MANAGEMENT COMMAND
 A sub-component of Army Medical Command
 ArmyMWR/Institute/MOMC
 OPERATION MEGAPHONE

Operation Megaphone

CELEBRATING MILITARY CHILDREN AND YOUTH
 BUILDING STRONGER CHARACTER & RELATIONSHIPS



April 25-26, 2025

OPERATION MEGAPHONE
 Join the youth from Army CYS Youth Programs worldwide who will meet for one 24-hour period to discuss key issues that affect military youth across the services.



E-3A Component Geilenkirchen



YOUTH SPRING SOCCER 2025

Registration: 17 March - 4 April 2025

Where: New Gym Bldg. 206, Room 118
 Office hours: Mon -Thu 0900 - 1230 hrs & 1400 - 1600 hrs
 Fri 0900 - 1230 hrs
 Cost: € 40,-

DEADLINE: 4 APRIL 2025

- All children must provide a copy of a Sports physical before the 1st game!
- Practices start in the week of 28 April, every Tuesday and Thursday
- Practices 2x per week starting at 1700 at the GK stadium

Age groups:

Pre- Bambinis	2021 - 2020
Bambinos	2019 - 2018
Pee Wees	2017 - 2016
Minors	2015 - 2014
Bantams	2013-2012
Juniors	2011 - 2010

For more information please contact the Sports Department by email: ofc-swcs-sport@naew.nato.int

Available in Past Newsletters:

14 March

- Letter from the Registrar
- Pi Day Flyer
- Cognia Letter
- American Legion Scholarship Info
- Tri-Border Blood Drive
- JFC Internation Club Flyers

20 February

- Carnival Spirit Week
- Orcas Qualifiers
- Women's Soccer tryouts
- Boys Soccer Team Tryouts
- Track & Field Tryouts
- School Physicals Reminder
- The American Legion - Scholarship contest
- MCEC Parent Support Webinar Series

14 February

- Cabaret & Dessert Auction
- Family STEAM Night
- PTA STEAM Night

7 February

- NAEP - DoD Schools Ranked Best
- MS Dance
- MWA Language Courses
- YC 90's Night
- YC Winter Fun Camp
- International Spouse Club flyers

31 January

- Boys' Bball Bake Sale
- Yearbook Ordering Info
- DoDEA Teacher Nominations
- STEAM Night Presenters

24 January

- JSHS Congrats
- Spelling Bee Congrats
- Q2 Honor Roll Ceremony
- German Sweet Breakfast
- Cabaret and Dessert Auction Auditions
- ENS sign-up
- CYS Baseball sign-up

16 January

- Presidential Award for Excellence in Mathematics and Science Teaching - Congrats Rachel Hamer
- JFC Library Hours/Calendar - January

11 January

- Semester 1 Exam Schedule
- Yearbook Order Form
- Letters to Parents/Students: Teacher of the Year
- JFC Library: Sewing Workshop & Dutch Conversation

19 December

- Principal's Letter: Cognia Team Visits
- Brunssum CYS: Lock-In

13 December

- Holiday Bake Sale
- Holiday Wish List
- Holiday Spirit Week
- Yearbook Ordering Info
- Food Donations
- Brunssum Library Hours/Calendar

6 December

- Musical performance flyer
- STEMposium
- Lost & Found
- AVID booth art
- JROTC demonstration

To view past Newsletters visit the School News section of our webpage: [School News | AFNORTH Middle High School | DoDEA](#)