



AFNORTH US MHS

DoDEA's Mission:

Educate, Engage, and Empower military-connected students to succeed in a dynamic world

DoDEA's Vision:

Excellence in Education for Every Student, Every Day, Everywhere



Week Ahead

August 30, 2024

UPCOMING DATES

- 2-3 Sep** **6-11 grade School Photos**
(See schedule below)
- 3 Sep** **Senior Photos**
(Link to sign up on flyer)
- 4 Sep** **International Early Release day**
(Students will ride regular buses home)
- 7 Sep** **First Tennis, Football, Cross
Country & Volleyball games - GO LIONS!**

Office Hours : Monday-Friday: 8:00am-4:00pm

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Attendance

AFNO.attendance@dodea.edu

Visit <https://afnorthmhs.dodea.edu/>

for US MHS specific information.

Visit: <http://www.afnorth-is.com>

Sign Up for ENS

Emergency Notification System

Sign up to be included in ENS notifications asap! **Registration needs to be completed annually!** If both parents sign up, you will both need your own phone number. A test notification will be conducted later this month.

see full text on our website:

<https://www.afnorth-is.com>

under Parent Portal (password: AISparent)

Click or Scan QR code to sign up



ALL students MUST have a School ID!

The bus pass serves as a school ID and **should be presented to the gate guards upon entering campus.** Even if your child does not ride the bus they must have a student badge. If your child does not have one please email the MHS office ASAP at:

usmh.office@afnorth-is.com



AFNORTH US MHS Attendance

For late arrivals and absences: Parents should email afno.attendance@dodea.edu if their child will be late or absent *before* the start of the school day. **In the 'Subject' line, please include your students name and grade.** Please let us know why your student will be late or absent.

For appointments and early dismissal: Parents should email afno.attendance@dodea.edu if your child has an appointment *before* the start of the school day.

Picking up and dropping off students: You may call the MHS office **+31(0)455 278 263/262** when you arrive at school.

Fall PTA Meetings

Sep. 12

Oct. 10

Nov. 14

Dec. 12

The PTA welcomes you to join their upcoming PTA meetings!
All meetings will begin at 4:00pm.

See attached flyer and visit the link to join the PTA team!
Membership fee only \$10!

School Advisory Council

We are looking for a new parent representative to join our US MHS School Advisory Council. We meet 4x a school year and have both an in-person or virtual option for joining the meetings.

If interested, please send a short paragraph introducing yourself and your reasons for running to

heather.rhine@dodea.edu by September 5th. Elections, if needed, will be sent out in the September 6th newsletter.



Active Student Clubs

Homework Club every Tuesday, after school!

Homework Club

with MATH TUTORING

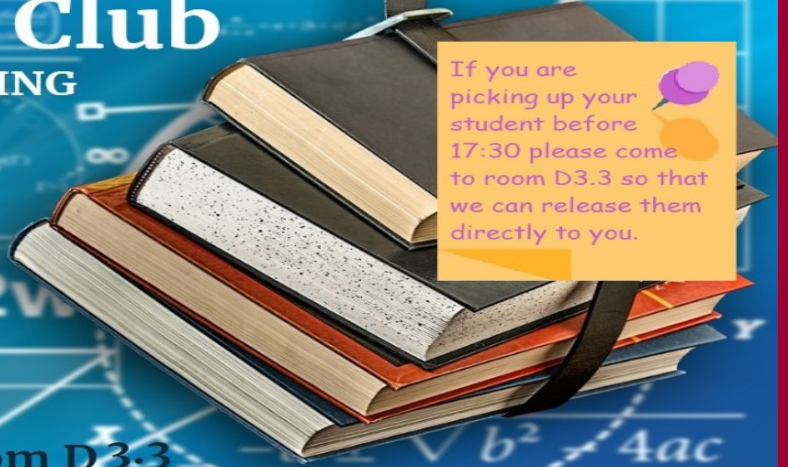
1 once a week

on "2" Tuesdays

at 3:45

in Room D3.3

If you are picking up your student before 17:30 please come to room D3.3 so that we can release them directly to you.



HW Club Sponsor emails: rachel.hamer@dodea.edu christina.moriconi@dodea.edu

If your student is NOT taking the Activity Bus, please pick them up from room D3.3

FBLA

Future Business Leaders of America

The much anticipated new Future Business Leaders of America (FBLA club/chapter) member interest meeting will be held on Tuesday, Aug. 27th during lunch in Dr. Duarte's room (B1.7B). *This is open to any AIS high school student.* Hope to see you there!

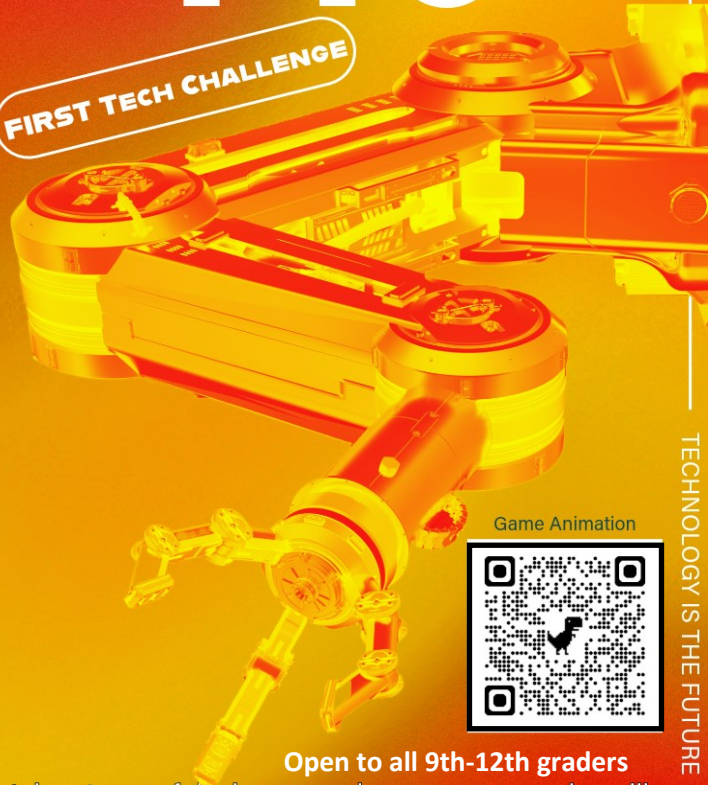
Film Club

Students meet twice a month to decide and discuss aspects of films, musicals, and other movie forms. Plans for this year include a movie night and another March Madness Movie bracket in the spring. Contact Ms. Moore for more information or stop by , B1.2, during lunch TODAY!
(Open to all 9th - 12th graders)

welcome to AFNORTH

FTC

FIRST TECH CHALLENGE



Game Animation

TECHNOLOGY IS THE FUTURE

Open to all 9th-12th graders

Join a team of designers and programmers who will compete in the 2025 FIRST Tech Challenge (FTC) Invitational Tournament! February 20-22 Meetings will begin 5 Sept, **Thursday, after school, in room B1.7.** Contact Mr. Eddington for more information.

AFNORTH HS, Brunssum, NL

ian.eddington@dodea.edu

CREATIVE CONNECTIONS

A six-day advanced symposium for 160+ high school students to showcase their talents. The objective of the activity is to provide students with advanced instruction in fine arts. Offerings vary from year to year.

The 2024 event will include workshops in acting, show choir, string ensemble, dance, modern band, drawing/painting, mixed media, photography, fashion, live video, and video production. The week of intense coursework culminates with an art exhibition and stage show. This year's theme is Harmony and Chaos.

[Click here for the application packet](#)

Make sure to see Mrs. Brobst in the music room and let her know you are interested in applying. The deadline to submit your application is October 3rd at midnight! Do not wait until the last minute to prepare! Students from US and Canadian sections are welcome to apply!

LAST CALL!
Orders due
TODAY, Aug 30!



If you're interested in supporting our Lion Pride **Band**, why not **buy a shirt**? You can click the buttons below to make your order by August 30th! That should give us enough time to receive the shirts before our first game!

Order one for yourself AND the special people in your life!

PepBand Shirt

Band Shirt

Band Hoodie



Don't forget to add money to your child's Sodexo Lunch account!

Visit: <https://qpay.quarto.nl/Portal/Account/Login/0> to do so. You can also see transaction history. Remember that **Sodexo does not accept cash payment** for lunches, only the Sodexo Lunch Card.



Week 36 02-09 t/m 06-09-2024

MONDAY

Korean Rice, Spring Roll	3, 4
Korean Rice	
Spring Roll	3, 4
Atjar Salad	4
Hot Sauce	

TUESDAY

Pasta, Tomato & Zucchini Sauce	3, 4
Pasta	3
Bolognese Sauce	3, 10
Snack Tomato	

WEDNESDAY

Quiche, Potato & Mixed Vegetables	1, 2, 3, 9
Quiche (French Pie with Cheese, Cream, Vegetables)	1, 2, 3, 9
Potato & Mixed Vegetables	9
Mustard Sauce with Thyme	3

THURSDAY

Soy Bites, Bread Roll, Salad	3, 4
Chicken Goulash	3, 6, 9
Bread Roll	3
Salad	
	1

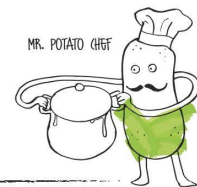
FRIDAY

Empanada, Fries, Peas	1, 2, 3, 4, 9
Fish Nuggets or Hot Dog	2, 3, 5, 7
Fries	
Peas	9
Tartar Sauce	2



LISTED PRODUCTS AND DISHES CAN CONTAIN TRACES OF ALLERGENS.

- 1 = milk
- 2 = egg
- 3 = gluten
- 4 = soy
- 5 = pork
- 6 = chicken
- 7 = fish
- 8 = sesame
- 9 = peas
- 10 = beef



All meals are nut free

Nutrition Corner

Food is Fuel

Good nutrition helps fuel your body! Discuss with your child how foods we eat supply necessary nutrients our bodies need to help maintain **brain**, muscle, bone, and immune health.

- ◆ **Green, leafy vegetables (kale, spinach, collards, and broccoli):** rich in vitamin K, lutein, folate, and beta carotene—these nutrients may help slow cognitive decline.
- ◆ **Berries:** Contain excellent sources of phytochemicals, that may help improve cognitive functions and help prevent neurodegenerative diseases.
- ◆ **Walnuts:** Excellent source of protein and healthy fats, and may also improve memory!
- ◆ **Oily Fish (salmon, mackerel, tuna):** high in omega-3 fatty acids that help keep the brain functioning normally and efficiently.





School Bus Procedures



Be Reponsible

On time. Remain seated. Use self-control.
Be a positive role model.

Use Respect

Listen to the driver and monitor. Be patient.
Keep surfaces clean of trash and graffiti.
Treat others the way you want to be treated

Safety First

Buckle up. Use conversational voice level.
Report any misbehavior to the bus monitor.

X Filming and making pictures is not allowed.

X Eating, drinking and chewing gum is prohibited



Bus Training

29 August

AIS conducted a bus training on Thursday. Students learned to safely enter/exit the bus and received a handy 'School Bus Procedures' card to help remind them of important bus safety rules.



Did you know that AFNORTH Middle/High School has a webpage?

Check it out for latest updates on news, events and alerts! And for information on policies and procedures, school improvement goals, library services, and more!

afnorthmhs.dodea.edu

dodea
DEPARTMENT OF DEFENSE EDUCATION ACTIVITY

AFNORTH MHS


'19 '21 '23

AFNORTH INTERNATIONAL SCHOOL

Welcome to AFNORTH MHS!

We are committed to helping students reach their full academic potential, in an atmosphere of mutual respect and caring.

AFNORTH Middle High School is part of AFNORTH Community Schools in DoDEA's Europe West District. AFNORTH MHS serves military connected students in grades 6-12. [Read More](#)



AFNORTH MIDDLE/HIGH SCHOOL PORTRAIT SCHEDULE 2024



MONDAY, SEPTEMBER 2

PERIOD 1 - GRADE 8

9:05 Bohler, Tom
9:30 Burkhardt, Casey
9:55 Canadian Grade 8

PERIOD 2 - GRADE 7

10:40 Mitchell, Wei
11:00 Evanson, Lia
11:20 Hughes, Sarah
11:40 Canadian Grade 7

PERIOD 3 - GRADE 6

12:40 Taylor, Alicia
12:45 Guest, Anne
12:50 Moriconi, Christina
12:55 Brobst, Shelly
13:05 Duarte, Manny
13:15 Swift, Chris
13:25 Eddington, Ian
13:35 Canadian Grade 6

PERIOD 4 - GRADE 9

14:10 Wise, Matt
14:22 Moore, Nadine
14:34 King, Anita
14:46 Taylor, Alicia
14:58 Miano, Mike
15:10 Canadian Grade 9

TUESDAY, SEPTEMBER 3

PERIOD 5 - GRADE 10

9:05 Argyle, James
9:25 Vanheuckelom, Michelle
9:33 Duarte, Manny
9:40 Hamer, Rachel
9:42 Miano, Heather
9:45 JROTC
9:50 Bohler, Tom
10:05 Canadian Grade 10

PERIOD 6 - GRADE 11

10:30 Miano, Mike
10:35 LaVere, Bruce
10:40 Miano, Heather
10:45 Eddington, Robin
11:10 Canadian Grade 11

PERIOD 7 -8 GRADE 12 BY APPOINTMENT

Sign up here:

<https://tinyurl.com/2024AISgr12>



AFNORTH Fall Sports Schedule

Go Lions!!!

Football/Cheer

7 Sept Jamboree @ ISB
13 Sept @ **home** vs. Ansbach
(1700)
21 Sept @ SHAPE
27 Sept @ **home** vs. ISB (1700)
18 Oct @ Spang

Tennis

7 Sept @ Hoenfels
14 Sept @ SHAPE
21 Sept @ **home** vs. Ansbach
(1300)
28 Sept @ **home** vs. Spang
5 Oct @ Alconbury
19 Oct @ Stuttgart

X-Country

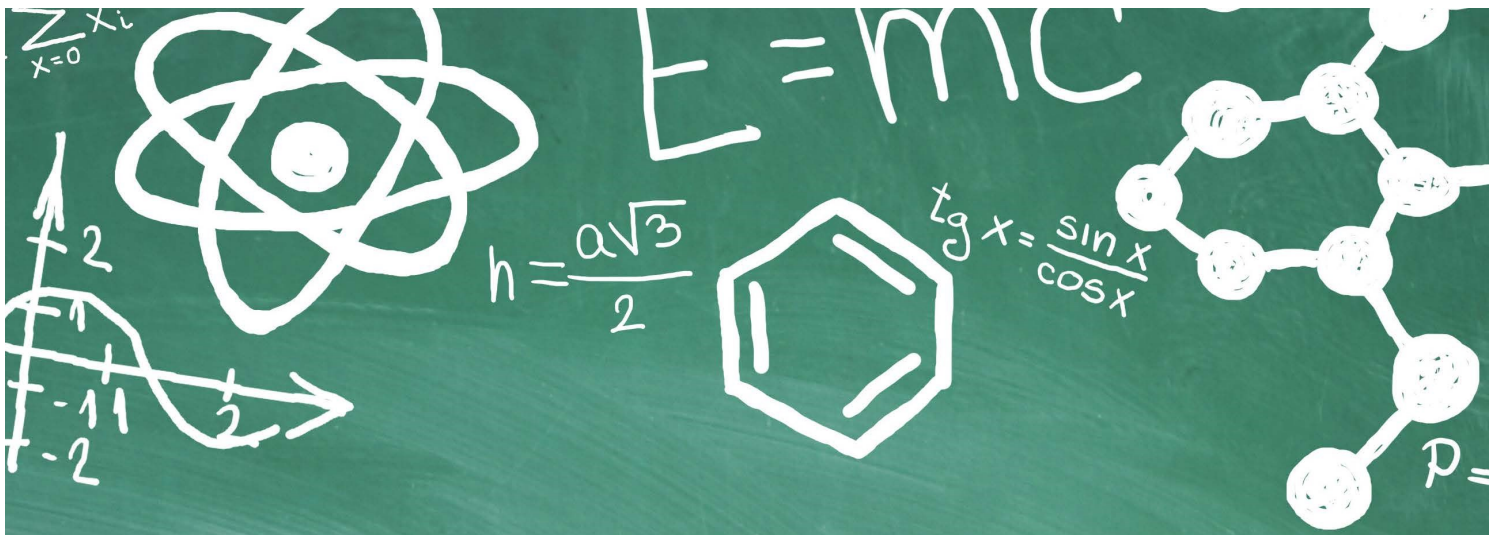
7 Sept @ Lakenheath
14 Sept @ Vilseck
21 Sept @ SHAPE
28 Sept @ **home** vs. SHAPE &
Spang
5 Oct @ SHAPE
19 Oct @ Baumholder

Volleyball

7 Sept @ Brussels
14 Sept @ **home** vs. Brussels
21 Sept @ SHAPE
28 Sept @ **home** vs. Ansbach
5 Oct @ Alconbury
19 Oct @ Ansbach

Euros

Oct. 24-26: Tennis @ Wiesbaden
Oct 26th: Cross Country @
Baumholder
Oct. 31-Nov 2nd: Volleyball @
KMC
Nov 2nd DII/DIII: Football @ TBD



AFNORTH MHS PTA MEETING

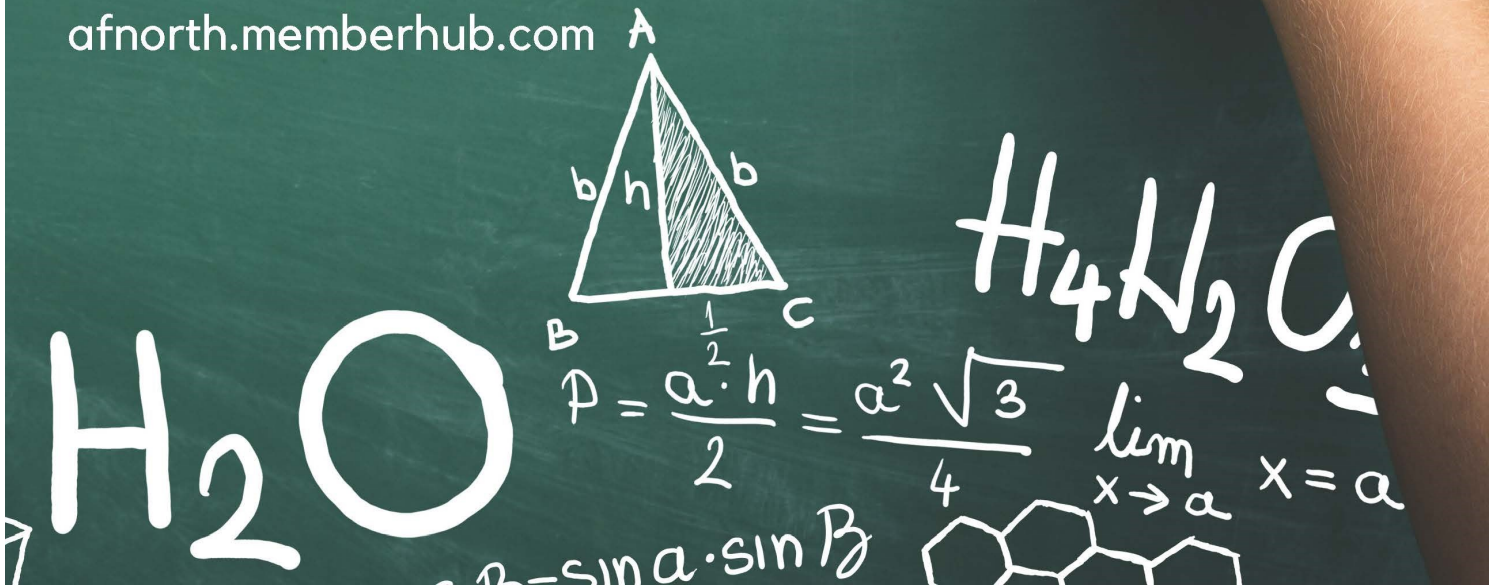
Sept 12 @ 4pm at AFNORTH

*virtual participation options available

Open to US, Canadian and German Sections!

Become a member here:

afnorth.memberhub.com





VETERANS OF FOREIGN WARS

NO ONE DOES MORE FOR VETERANS.

The VFW has two outstanding youth scholarship programs that we hope that you and your school would be interested in: Voice of Democracy and the Patriot's Pen. More information can be obtained regarding these scholarship programs from the attached documents and by following the links: [Youth Scholarships - VFW](#)

Voice of Democracy

Established in 1947, our Voice of Democracy audio-essay program provides high school students with the unique opportunity to express themselves in regards to a democratic and patriotic-themed recorded essay. Each year, nearly 25,000 ninth through 12th grade students from across the country enter to win their share of more than \$1 million in educational scholarships and incentives awarded through the program.

The 2024-25 theme is: "Is America Today Our Forefathers' Vision?"

Patriot's Pen

Each year, nearly 68,800 students in sixth through eighth grades enter the VFW's Patriot's Pen youth essay contest for a chance to win their share of nearly \$1 million in state and national awards. Each first place state winner receives a minimum of \$500 at the national level, and the national first place winner wins \$5,000!

The 2024-25 theme is: "My Voice in America's Democracy?"

The deadline for both programs is 31 October 2024